

Swimming



Splash Dash Camp

Splash Dash is a developmental program whose purpose is to build competitive swimming skills, teach the rules of competitive swimming, increase swimming endurance, and get participants ready for a competitive swim team. Swimmers will also compete in mock meets with participants from other pools. This new aquatics program is designed for swimmers who can swim 25 yards of the pool or who have passed Learn to Swim Level 4.

A swim cap and goggles are highly recommended



Session 1: June 30 - July 9

Days: Tuesday, Wednesday, Thursday

Session 2: July 21- July 30

Time: 12:00-12:45

Session 3: August 11 - August 20

Location: Centennial or Rotary Pool

Cost: \$20.00 per child per session

For more information please call the Nashua Parks and Recreation Office at 589-3370.

Checks made payable to "City of Nashua" and must be separate from all other payments!!

Please indicate the session(s) that your children will be attending. They are:

_____ Session 1: Monday, June 29 – Friday, July 10
(There will be lessons on the Fourth of July)

_____ Session 2: Monday, July 20 – Friday, July 31

_____ Session 3: Monday, August 10 – Friday, August 21



SWIMMER #1 NAME: _____ DATE OF BIRTH _____/_____/_____ AGE ON START DATE _____

ADDRESS _____ EMAIL ADDRESS _____

HOME PHONE _____ EMERGENCY PHONE _____

ALLERGIES OR MEDICAL CONDITIONS _____ PASSED SWIMMING LEVEL 4 _____

SWIMMER #2 NAME: _____ DATE OF BIRTH _____/_____/_____ AGE ON START DATE _____

ALLERGIES OR MEDICAL CONDITIONS _____ PASSED SWIMMING LEVEL 4 _____